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Sangama – Saint Louis Kannada Association

Madhuri Gururaj 636-536-4567 President	Anil Cashikar 706-564-6519 Vice President	Kavitha Upadhya 314-255-2252 Secretary	Parag Hukeri 636-405-1024 Treasurer
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Advisors:			
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ಗೌರಿ ಮತ್ತು ಗಣೇಶ ಹಬ್ಬದ ಶುಭಾಶಯಗಳು



ಶುಕ್ಲಾಂಬರದರಂ ವಿಷ್ಣುಂ ಶಶಿವರ್ಣಂ ಚತುರ್ಭುಜಂ |
ಪ್ರಸನ್ನವದನಂ ಧ್ಯಾಯೇತ್ ಸರ್ವ ವಿಘ್ನೋಪಶಾಂತಯೇತ್ ||

Event Details:

Venue: Mahatma Gandhi Center 717 Weidman Rd Ballwin, MO 63011	Date: September 11 th 2016 Time: 9:00 am to 1pm
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Gowri Habba

Gowri Habba or festival is celebrated a day before Ganesh Chaturthi. It is one of the significant festival in Karnataka. Goddess Gowri, wife of Lord Shiva, the mother of Lord Ganesha and Lord Subramanya is worshiped throughout India for her ability to bestow upon her devotees power, courage, and valour. She is the most powerful of all the Goddess and is the very incarnation of Aadhi Shakthi Mahamaya.

It is believed that on the thirteenth day Thadige of the month of Bhaadrapada Goddess Gowri is welcomed at her parents' house. The next day Lord Ganesha, her son comes as if to take her back to Kailasa. The Swarna Gowri vratha is performed on the occasion, to appease the Goddess.

Ganesha Chaturthi

Ganesha Chaturthi or Ganesha Festival is a day on which Lord Ganesha, the son of Shiva and Parvati, resurrected to life on earth with the head of elephant. It is celebrated as it is the birthday of Lord Ganesha. It is also known as Vinayaka Chaturthi or Vinayaka Chavithi.

This festival is observed in the lunar month of Bhadrapada (a Hindu month), Shukla Paksha Chaturthi (fourth day of the waxing moon period), Madhyahana Vyapini Purvavidha. Typically, the day falls sometime between August and September as per English calendar. The festival lasts for 10 days, ending on Ananta Chaturdashi.

Ganesha, the elephant-headed son of Shiva and Parvati, is the supreme god of knowledge, wisdom, prosperity and good fortune. He is the Lord who is worshipped first on any holy occasion or puja.

Note - We look forward to have your continued involvement with Sangama and it is really appreciated by the whole Kannada community in St. Louis. Sangama is mainly run by the contribution of Sangama Member's annual membership fee. For those who have not renewed their membership for this year, you have three options –

- 1) Pay at a Sangama event to treasurer or
- 2) You can even make your payments online at <http://www.sangamastl.org/membership/membership-levels/> or
- 3) Mail checks payable to "Sangama", c/o Sri Parag Hukeri, 16851 Babler View Dr. St. Louis, MO 63011.

Buy: Maha
Kattu

Ganesha Habba @ Sangama

Happy Ganesha Chaturthi to all our Sangama families and hope Lord Ganesha protects and blesses us with peace and happiness. We hope you are able to join your friends and fellow Sangama members for the long-led tradition of individually performing Gowri and Ganesha pooja under the guidance of our own Shankar and Jaya Sastry. Following the pooja we will have the traditional "habba" food contributed by our members.

Padmini Prabhu & Sunil Kantharaju are coordinating devotional songs bhajane for the Gowri/Ganesha habba. Kids will also get to make Ganesha Idol!!! If you would like to enroll your kids for bhajane or making Ganeha idol or both, please reach out to Padmini and Sunil @ their email address - paddo_in@yahoo.com & sunilsden@live.com. Anjali Kumar will be teaching bhajane songs to kids.

If you are interested in helping out with any of the preparations and setup for the pooja please let one of our executive members know and we can share the details.

Previous Events

On Jun 11, 2016, for the first time in Sangama's history 40+ Sangama members volunteer at the St. Louis Food Bank to give back and make a difference in the community. In 3 hours the group processed 151 cases (4621 lbs) of food and according to the Food bank we helped provide 3773 meals for the hungry. We sincerely thank the volunteers for their efforts towards such a noble cause.

Then we had a great turn out along with perfect summer weather for Father's Day Picnic on Jun 19th. This year we were lucky to have Deepthi Bharadwaj's Dad to cut the senior Dad's cake and 5 Dads / families with new babies for the year. We appreciate all those who contributed to the planning, execution and cooking tasty snacks and food for that day.

Sangama continues to partner with India Association celebrating India's Independence Day. This year Sangama members presented a famous patriotic song 'Jai Bharatha Ja-na-ni-ya-tanu-ja-te' after flag hoisting at the event.

Next Events

Our next big event is Kannada Rajyotsava on Nov 5th at the Gandhi Center. The Executive committee is exploring other events for the year including concerts, movie and Jatre. Details will be shared as they are finalized.

We will continue to engage Sangama youth to volunteer and help us at our events. If you wish you sign up your youth for such volunteering, please reach out to Surekha Raju.

Buy: 10ha
Kathu

Menu For The Gowri / Ganesha Habba

Idly (60 Count Each)	Puliyogre (8 Cups Raw Rice Each)	Beans Palya (5 Quarts Each)
Rajitha Shashi	Maithili Rochan	Padmaja Gunapooti
Seema Kasturi	Teju Nayak	Ashwin Kulkarni
Deepthi Bharadwaj	Kathyayani Joshi	Vardhini Sankaran
Smitha Anand	Anitha Hosahalli	Radha Shrinivas
Mangala Shenoy	Renuka Kanaki	Kannika Wagle
Anitha Nagendra	Vidya Subhash	Yashaswini Satheesh
Sujatha Manjunath	Jayanthi Hariprasad	Tara Anil
Shubha Bhaskar	Jyothi Sri	
	Lakshmi Naveen	
Majjige Huli (5 Quarts Each)	Chutney (4 Quarts Each)	Kosambari (5 Quarts Each)
Meera Vasudevamurthy	Pratima Murali	Latha Vishwanath
Revathi Nagarajan	Mahadev KB	Amoolya Shetty
Prathima Murthy	Tara Shadaksharappa	Tanuja Prashant
Sheetal Rakesh	Nandini Mohan	Pushpa Chidananda
Swetha Shrikanth	Suneeta Ramachandra	
Bharathi Hebbar		
Mosaranna (6 Quarts Each)	Kadle Usli (5 Quarts Each)	Badaami Haalu (1 Gallon Each)
Uma Eachempati	Shwetha Jamberker	Rekha Megharaj
Sunitha Ram	Kruthika Holla	Suma Milli
Shruthi Ashwin	Madhu Bhat	Jaya Ramanuja
Maya Santosh	Chaya Gopal	
Sambar (6 Quarts Each)	Soda (5 Bottles Each)	Sangama Committee
Sandhya Kumar	Suryakant Mangalgi	Kadabu
Veena Anchan	Nandeep Bommanna	Ambode
Hema Srikanta		Happala
Raghu Pandurangi		Pickles
Sahana Kalkur		
Anuradha Patil		

Please contact a committee member ASAP if you cannot make the assigned item or need a recipe

The US dry quart is equal to 1.1 liters; The US liquid quart equals to 0.95 liters.
Please Note: If you have been assigned food items and cannot make it to the event please try to make alternative arrangement or call one of the committee members to make other arrangements.

Buy: Neha
Kathu



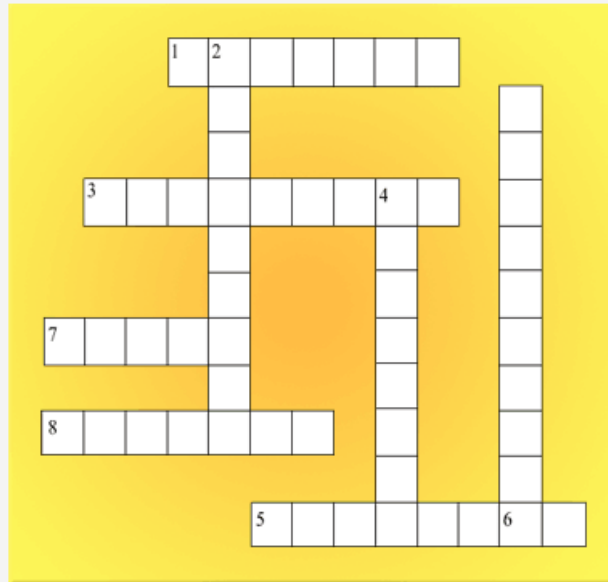
Kids' Corner

Meanings of some common names of Ganesha

Akhuratha:	One whose chariot is pulled by a mouse
Alampata:	One who is forever eternal
Amit:	One who is incomparable
Anantachidrupamayam:	One who is the personification of the infinite consciousness
Avaneesh:	Master of the universe
Avighna	Remover of obstacles
Balaganapati:	Beloved child
Bhalchandra:	One who is moon crested
Bheema:	One who is gigantic
Ekadanta:	Single-tusked
Ekadrishta:	Single-focused
Eshanputra:	The son of Shiva
Gadadhara:	One whose weapon is the mace
Gajakarna:	One who has elephantine-ears
Gajanana:	One who has an elephantine face
Gajananeti:	One who has the looks of an elephant
Gajavakra:	The trunk of an elephant
Gajavakra:	One who has an elephantine mouth
Ganadhakshya:	The lord of lords
Ganapati	Lord of all ganas gods
Ganesha	Lord of all ganas gods
Gaurisuta	Son of Gauri
Heramba	An erudite, respected and calm person
Lambakarna	Large eared
Lambodara	Huge bellied
Mahakaya	Huge bodied
Musikvahana	One who has mouse as charioteer
Umaputra	The son of Goddess Uma (Parvati)

Boy: Naha
Kattu

Ganesh Chaturthi Crossword



Across

1. The name given to Lord Ganesha as he has only one tusk.
3. Lord Ganesha is known as the remover of _____.
5. Ganesh Chaturthi is believed to be the _____ of Lord Ganesha

Up/Down

2. Brother of Lord Ganesha.
4. Ganesha has _____ and the body of a man and the head of an _____
6. Ganesh Chaturthi is celebrated in this Hindu month.
7. The most commonly depicted mount (vahana) of Lord Ganesha.
8. Lord Ganesha is the son of Shiva and _____

Answers

ACROSS	UP/DOWN
1. EKADANT	2. KARTHIKEYA
3. OBSTACLES	4. ELEPHANT
5. BIRTH	6. BHADRAPADA
	7. MOUSE
	8. PARVATI

Buy: Maha
Kattu

Color This Picture

4to40



Buy: Maha
Kattu



News from community:

During the Sangama Jaatre event of 2016, Sangama members contributed funds to be distributed to three families of Karnataka soldiers who made supreme sacrifice while safeguarding the country. Sangama members Sathish Nanjappa, Pramod Krishna & Kumuda Prabhakar delivered funds to the soldiers' families on behalf of Sangama.

Nandeep Bommanna & Arpita welcomed baby boy into Sangama family. Sangama community congratulates the family and wishes bright future to baby.

Hobbies of Our Members:

Adding this section to newsletter to introduce hobbies of the Sangama members within community. If you want to share your talents, please feel free to share with one of the committee members or email it to Sangama mailbox so we can add in the next newsletter.

Song by Satheesh Krishnappa:-

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ಸೌಂಟಾ ಲಾಇಸಾ ಕನ್ನಡ ಸಂಘ

ಕನ್ನಡ ಸಂಗಮ.....ಸಂಗಮ ಕನ್ನಡ |ಪ|
ಕನ್ನಡ... ಸಂಗಮ... ಕನ್ನಡ... ಕನ್ನಡ.. ಕನ್ನಡ.
ಐಕ್ಯತೆ ಮೆರೆಯುವ ನಮ್ಮಯ ಸವಿಸವಿ ಸಂಗಮ
ಒಂದೇ ಭಾವ ತೋರಿ ಮೆರೆವ ಭವ್ಯನಾಡ ಸಂಗಮ||ಕನ್ನಡ||

ಒಕ್ಕೂಟ ಶಕ್ತಿಗೆ ಒಮ್ಮಿದ ಈ ಸಮಾಗಮ |
ಸಕ್ರಿಯದೀ ಸೇವೆಗೈದು ಸ್ತುತಿಸುವ ಈ ಸಂಗಮ ||

ಕರುನಾಡ ಕನ್ನಡಿಗರ ಹೆಮ್ಮೆಯ ಜನಮನ |
ಸರ್ವರೂ ಸೇರಿಜೊತೆ ಸಕ್ಕಮೆರೆದ ತನುಮನ ||

ಸೇರುವ ಜನತೆ ಜೈ-ಎನ್ನಲು ಜೊತೆಜೊತೆಗೆ |
ಸಾರಲು ಕನ್ನಡದ ಸವಿ ಕಂಪನು.. ವಿಶ್ವದಲ್ಲೆಡೆಗೆ||

ಶುಭಮನದಿ ಸರ್ವಯತ್ನ ಸಂಸ್ಕೃತಿಯ ದೀವಿಗೆ |
ನಾವು ನಮ್ಮವರೆಂಬ ಸಂಪ್ರೀತಿಯಾ ಮೇರೆಗೆ ||

ಸಾಕಾರ ನಮ್ಮ ಈ ಪ್ರೀತಿಯ ನವ ನವ್ಯ ಭಕ್ತಿ |
ಒಮ್ಮತಕೆ ದೊರೆವುದೂ ಎಂದೆಂದಿಗೂ ದಿವ್ಯ ಶಕ್ತಿ ||

ಅಜಿಯಾಗಿ ಅರೈಸುವಳು ಕನ್ನಡಾಂಬೆ ಎಲ್ಲಾ ಈ-ಜನಕೆ |
ಮುಕ್ತಿ ಸಿಕ್ಕಿದಂತೆ ಮುಗ್ಧತೆಯಲಿ ಪ್ರತಿ ಮನ-ಮನಕೆ ||

ಶಕ್ತಿಕೊಟ್ಟ ಕನ್ನಡಾಂಬೆ ಅನುದಿನವೂ ಹರ್ಷಕೆ |
ಮೇರುಗಿರಿಯಲಿ ಸಾರುತಿಹೆ ಕನ್ನಡತೆಯ ಸ್ವರ್ಷಕೆ||

ಮನುಜಮತ ನಮ್ಮ ಪಥ ಸರ್ವ ಕನ್ನಡಿಗರ ಕೂಗು |
ಭಕ್ತಿಯಿಂದ ಬೆಳೆಸಿಕೊಂಡು ನೀ ಮುಂದೆ-ಮುಂದೆ ಸಾಗು ||

ಜಯ ಜಯ ಕನ್ನಡ. ಸರಿಗಮ ಜೊತೆ ಸಂ-ಸಂಗಮ |
ಜೈ ಕನ್ನಡಾಂಬೆ..ಹರಸಿಹಳು ಈ ಸಹೃದಯೀ ಸಂಗಮ||

ಗಡಿನಾಡ ಕನ್ನಡಿಗರ ಹೆಮ್ಮೆಯ ಸವಿ ಸಂಗಮ |
ಕರ್ನಾಟಕದ ಕಲಿಗಳ ಭಕ್ತಿ ಮೆರೆವ ಸಂಗಮ ||ಕನ್ನಡ||

-----ಸತೀ..ಕೆ.

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satheek10@gmail.com

Buy: 10ha
Kattu

Knitting by Maya Santosh



Buy: Neha
Kattu

Paintings by Pratima Murali:-



Box: Maha
Kattu

Paintings by Shilpa Rao:-



Box: Neha
Kattu