



ಸಂಗಮ

ಸೈಂಟ್ ಲಾಜಸ್ ಕನ್ನಡ ಸಂಘ



2011-2012 Volume 4
Ugadi – Nandana Naama Samvathsara

President Vinayaka Sharma	Vice President Deepthi Bharadwaj	Secretary Seema Murthy	Treasurer Jyothi Mysore
Member Lakshmi Naveen	Member Sheetal Rakesh	Member R Shrinivas	Member Hemanth Kumar
			Member Prabhakar Betnag

Nandana Nama Samvathsara Celebrations on Sunday – April 1st, 2012

Namaskaara,

Spring is here and we have all been enjoying the beautiful weather! Spring also brings along the beginning of a new year as we welcome, Ugadi. Sangama wishes all of you and your family a Very Happy and Prosperous Ugadi. May this “Nanadana Naama Samvathsara” bring all the prosperity, peace and health to one and all!

Sangama will be celebrating **Ugadi** on April 1st 2012 at the **Mahatma Gandhi Center**.

Sunday, April 1st, 2012 **Event:** 3:30 PM to 6:00 PM
Social: 3:00 PM to 3:30 PM **Dinner:** 6:00 PM to 7:30 PM

Sangama will be providing dinner for the event!

We request that we begin and end the program on schedule as we understand that lots of our children have “MAP” tests scheduled for the next day, and Monday being a working day, we are sure you would want to get home early and be well rested!

Reminder: Vidwan Shashank’s flute concert organized by Sangeetha is at **7:30 PM on 03/31/2012** at the **Midwest Music Conservatory**. Please find time to go and enjoy the concert from an artist from Karnataka, and support the efforts by Sangeetha.

Ugadi

ಜೀವನವೆಲ್ಲ ಬೇವು ಬೆಲ್ಲ-ಎರಡೂ ಸವಿವವನೆ ಕವಿಮಲ್ಲ- ಕುವೆಂಪ

Ugadi, one of the most important festivals, marks the beginning of a New Year according to the luni-solar calendar. It falls on different dates in either March or April each year. Ugadi is celebrated in the states of Karnataka / Andhra Pradesh. It infers different names in other states, such as Maharashtra, Goa, Kerala, Bengal, Assam, Punjab, Tamil Nadu, and also the province of Sindh in Pakistan. Derived from Yuga and Adi, meaning Age and Beginning respectively, it stems from the myth that on this day Lord Brahma began the creation cycle and set in motion a record of time.

People consume Bevu (neem) and Bella (jaggery). The inner significance of this is that life is a mixture of good and bad, joy and sorrow, success and losses, and all of them have to be treated alike. All experiences have to be treated with equanimity.

The new Executive Committee for 2012/2013!

We would like to heartily congratulate the new Sangama executive committee for the Sangama year 2012 and 2013, elected unanimously at the GBM held on 03/10/2012. Sangama is a volunteer organization and the contributions of the members along with the efforts of the executive committee helps bring the community to life.

Please join us in congratulating and welcoming the new office bearers for 2012 and 2013 below;

President: Smt. Deepthi Bharadwaj
Vice-President : Shri. Gopinath Joshi
Secretary: Smt. Shubha Bhaskar
Treasurer: Shri. Dattatri Chandrashekar
Member: Smt. Suguna Sateesha
Member: Smt. Sandhya Subramanya
Member: Shri. Manjunath S
Member: Shri. Ganesh Kumar
Member: Shri. RamaChandramurthy Bhavikatti

A complete **GBM update** can be read by clicking [here](#).

ಯುಗ ಯುಗಾದಿ ಕಳೆದರೂ ಯುಗಾದಿ ಮರಳಿ ಬರುತ್ತಿದೆ
ಹೊಸ ವರುಶಕೆ ಹೊಸ ಹರುಶವ ಹೊಸತು ಹೊಸತು ತರುತ್ತಿದೆ

ಹೊಂಗೆ ಹೂವ ತೊನ್ನಲಲ್ಲಿ ಭುನ್ನದ ಸಂಗೀತಾ ಕೇಳಿ ಮತ್ತೆ ಕೇಳಬರುತ್ತಿದೆ
ಬೇವಿನ ಕಹಿ ಬಾಳಿನಲ್ಲಿ ಹೂವಿನ ನಸುಗಂಪು ಸೂಸಿ ಜೀವಕಳೆಯ ತರುತ್ತಿದೆ
ವರುಶಕೊನ್ನು ಹೊಸತು ಜನ್ಮ ಪರುಶಕೊನ್ನು ಹೊಸತು ನೆಲೆಯು ಅಖಿಲ ಜೀವಜಾತಿಗೆ

ಒನ್ನೆ ಒನ್ನು ಜನ್ಮದಲಿ ಒನ್ನೆ ಬಾಲ್ಯ ಒನ್ನೆ ಹರಯ ನಮಗದಶ್ಚೇ ಏತಕೋ

ನಿದ್ದೆಗೊಮ್ಮೆ ನಿತ್ಯ ಮರಣ ಎದ್ದ ಸಲ ನವೀನ ಜನನ ನಮಗೆ ಏಕೆ ಬಾರದೋಎಲೇ
ಸನತ್ತುಮಾರದೇವ ಎಲೇ ಸಾಹಸಿ ಚಿರನ್ನಿವ ನಿನ್ನಗೆ ಲೀಲೆ ಸೇರದೋ

ಯುಗ ಯುಗಾದಿ ಕಳೆದರೂ ಯುಗಾದಿ ಮರಳಿ ಬರುತ್ತಿದೆ
ಹೊಸ ವರುಶಕೆ ಹೊಸ ಹರುಶವ ಹೊಸತು ಹೊಸತು ತರುತ್ತಿದೆ ನಮ್ಮನಶ್ಚೆ ಮರೆತಿದೆ



Membership Renewal Reminder : Sangama's annual membership is due at the Ugadi event. Please renew your annual membership at the celebration event. The annual family membership is \$55.00 and the individual membership is \$25.00. You can also send in your checks early to Shri Dattatri Chandrashekar (2085 Winterhaven Ct., Chesterfield MO 63017). For a nominal service charge levied by the provider, you can pay by credit card on our website at <http://sangamastl.com/membership.aspx> or click on the "Membership" menu on our homepage <http://www.sangamastl.com> for more details.

Along with annual memberships, "Friends of Sangama" helps bring in quality programs to the community. Appreciate your help and donations. Please visit <http://sangamastl.com/membership.aspx> to make your donations!

Sangama Event Calendar : Below are dates to the events for the rest of the year, so that you can mark your calendars;

- | | |
|---|--|
| 1. Ugadi Habba 2012 – 04/01/2012 - Mahatma Gandhi Center | 2. Rajyothsava / Deepawali – 11/18/2012 – Mahatma Gandhi Center |
| 3. Father's Day Picnic – 06/17/2012 – Bernie Park | 4. New Year 2013 – 12/31/2012 – Creve Coeur Community Center |
| 5. Ganesha Habba – 09/30/2012 – Mahatma Gandhi Center | 6. Ugadi 2013 (Vijaya) – 04/27/2013 – Mahatma Gandhi Center |

Welcome and Directory: There are lots of new members in Sangama and many of you are new to St. Louis area. We welcome you all to the community and look forward to seeing you at the Ugadi celebrations.

Continuing with the green initiative, Sangama will not be producing a print directory this year. Sangama's web site (<http://sangamastl.com/Members.aspx>) now has the latest member directory available. Please use your e-mail address on file (all in small letters) as your user name and your home telephone number on file (without the brackets or -) as your password. Example:- Username: name@hotmail.com Password: 3145551111. If you cannot log-in or feel that there is incorrect information, appreciate you getting it corrected. This is voluntary and YOU drive it. Please feel free to send us an e-mail at communications@sangamastl.com.

Kannada Shaale : Kannada Shaale continues to be in session at the Daniel Boone Library, on Clarkson Road in Chesterfield. If not already done so, we highly encourage you to enroll you kids. Please contact either of these for following more information - Sanjeeva Naagendra (aninag@gmail.com), Mohan Hebbar (mohanrh@hotmail.com) or Rakesh Ramgounda (rakesh_rp@yahoo.com).

The Panchanga!

Literally known as 'five limbs' - pancha = 'five' and anga = 'limb'. The almanac of the Hindus, so named because it deals with the five Hindu divisions of time. When performing a ceremony the time must harmonize with the horoscope of the person it is being performed for. Such calculations are therefore highly individual. The positions of the stars in each area are taken into consideration while making these panchangas. The concept of different units of time dates back to the Veda. Prataha (morning), Sayam (evening), Madhayadina (midday) and other words for the times of the day are found in the Rig Vedas. There have been many astronomers in India, who have tried to explain time concepts, of which Aryabhata (5th century AD) is the foremost.

The five limbs of the panchanga are: Vaara (solar day) 2. Tithi (lunar day) 3. Nakshatra (lunar asterism) 4. Yoga (conjunction of planets) 5. Karana (half of a lunar day). Vaara literally means a weekday. The solar day of the Hindus is divided into four parts: divas (day), ratri (night), sandhya (morning twilight), sandhyansha (evening twilight). One solar day is made of 60 ghatikas and also of 15 muhurtas. The Hindus follow a seven-day week system and each day of the week is a vara. Each vara is special to a particular presiding deity and also associated with the 7 planets. Tithi is defined as the time taken by the moon to gain 12 degrees on the sun. The moon takes about 30 days (one lunar month) to go around the earth's ecliptic. In each tithi, the moon travels 12 degrees ahead of the sun (i.e. if the sun and the moon are present in a specific position relating to the earth, after one tithi, the moon would be ahead of the sun by 12 degrees) hence completing 360 (12 degrees x 30 days) degrees in a terrestrial month. In one month, there are 28 tithis, one poornima and one amavasya. The first tithi begins after the amavasya. Nakshatra is a cluster of stars lying in the path of the moon. Just as the ecliptic is divided into 12 solar mansions (zodiacs), so is it divided into 27 'lunar mansions or asterisms', called nakshatras. The moon travels through all of these clusters in about a month. It takes a little more than a lunar day to travel into each nakshatra and so it becomes full in a different nakshatra every month. The sun travels in about two and a quarter nakshatras every month. Yoga is defined as the time taken by the sun and moon together to accomplish 13 degrees/ 20 minutes of space. It is calculated from the sum of the longitudes of the sun and the moon and has no astronomical backing. The first yoga occurs at 13 degrees 20 minutes, the second at 26 degrees/ 40 minutes and so on. There are 27 yogas in all, in a month (making a total of 360 degrees). Karana is half of a lunar day or tithi. Therefore there are two karanas in one tithi and 60 in a lunar month. There are 11 names for karanas, of which seven are termed as moving or chara and four are stationary or sthira.

Hindus follow a luni-solar calendar, and hence all festivals do not fall on the same date every year - but have to be calculated.



The Samvathsaras!

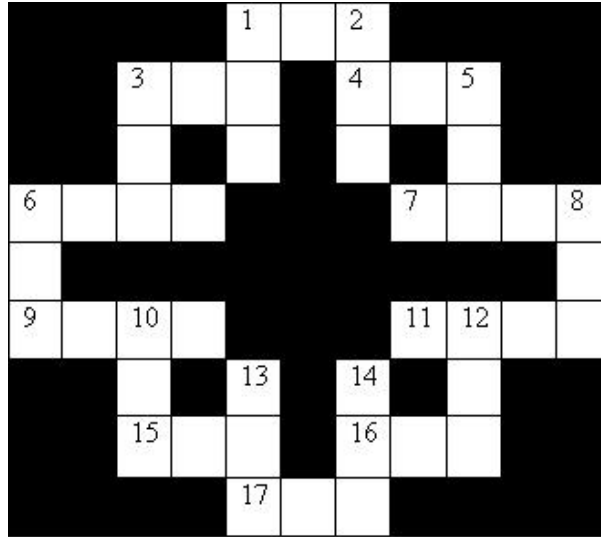
ಸಂವತ್ಸರಗಳು

#	ಹೆಸರು	Current cycle	Prior Cycle 1	Prior Cycle 2	#	ಹೆಸರು	Current cycle	Prior Cycle 1	Prior Cycle 2
1	Prabhava	1987-1988	1927-1928	1867-1868	31	Hevilambi	2017-2018	1957-1958	1897-1898
2	Vibhava	1988-1989	1928-1929	1868-1869	32	Vilambi	2018-2019	1958-1959	1898-1899
3	Shukla	1989-1990	1929-1930	1869-1870	33	Vikāri	2019-2020	1959-1960	1899-1900
4	Pramodoota	1990-1991	1930-1931	1870-1871	34	Shārvari	2020-2021	1960-1961	1900-1901
5	Prajothpatti	1991-1992	1931-1932	1871-1872	35	Plava	2021-2022	1961-1962	1901-1902
6	Āngirasa	1992-1993	1932-1933	1872-1873	36	Shubhakruth	2022-2023	1962-1963	1902-1903
7	Shrīmukha	1993-1994	1933-1934	1873-1874	37	Shobhakruth	2023-2024	1963-1964	1903-1904
8	Bhāva	1994-1995	1934-1935	1874-1875	38	Krodhi	2024-2025	1964-1965	1904-1905
9	Yuva	1995-1996	1935-1936	1875-1876	39	Vishvāvasu	2025-2026	1965-1966	1905-1906
10	Dhāta	1996-1997	1936-1937	1876-1877	40	Parābhava	2026-2027	1966-1967	1906-1907
11	Īshvara	1997-1998	1937-1938	1877-1878	41	Plavanga	2027-2028	1967-1968	1907-1908
12	Bahudhānya	1998-1999	1938-1939	1878-1879	42	Kīlaka	2028-2029	1968-1969	1908-1909
13	Pramāthi	1999-2000	1939-1940	1879-1880	43	Saumya	2029-2030	1969-1970	1909-1910
14	Vikrama	2000-2001	1940-1941	1880-1881	44	Sādharana	2030-2031	1970-1971	1910-1911
15	Vrusha	2001-2002	1941-1942	1881-1882	45	Virodhikruth	2031-2032	1971-1972	1911-1912
16	Chitrabhānu	2002-2003	1942-1943	1882-1883	46	Paridhāvi	2032-2033	1972-1973	1912-1913
17	Svabhānu	2003-2004	1943-1944	1883-1884	47	Pramādeecha	2033-2034	1973-1974	1913-1914
18	Tārana	2004-2005	1944-1945	1884-1885	48	Ānanda	2034-2035	1974-1975	1914-1915
19	Pārthiva	2005-2006	1945-1946	1885-1886	49	Rākshasa	2035-2036	1975-1976	1915-1916
20	Vyaya	2006-2007	1946-1947	1886-1887	50	Nala	2036-2037	1976-1977	1916-1917
21	Sarvajith	2007-2008	1947-1948	1887-1888	51	Pingala	2037-2038	1977-1978	1917-1918
22	Sarvadhāri	2008-2009	1948-1949	1888-1889	52	Kālayukthi	2038-2039	1978-1979	1918-1919
23	Virodhi	2009-2010	1949-1950	1889-1890	53	Siddhārthi	2039-2040	1979-1980	1919-1920
24	Vikruti	2010-2011	1950-1951	1890-1891	54	Raudri	2040-2041	1980-1981	1920-1921
25	Khara	2011-2012	1951-1952	1891-1892	55	Durmathi	2041-2042	1981-1982	1921-1922
26	Nandana	2012-2013	1952-1953	1892-1893	56	Dundubhi	2042-2043	1982-1983	1922-1923
27	Vijaya	2013-2014	1953-1954	1893-1894	57	Rudhirondgāri	2043-2044	1983-1984	1923-1924
28	Jaya	2014-2015	1954-1955	1894-1895	58	Raktākshi	2044-2045	1984-1985	1924-1925
29	Manmatha	2015-2016	1955-1956	1895-1896	59	Krodhana	2045-2046	1985-1986	1925-1926
30	Durmukhi	2016-2017	1956-1957	1896-1897	60	Akshaya	2046-2047	1986-1987	1926-1927

ಪದಗುಂಜ - ೩೩ ಸಂವತ್ಸರಗಳಲ್ಲಿ, ಮೊದಲ ೨೫ ಸಂವತ್ಸರಗಳನ್ನು ಗುರುತಿಸಿ

ಭಾ	ಖ	ಕ್ರೋ	ಫಿ	ಶಾ	ಷ್ಣ	ರು	ಧ	ರೋ	ಫಿ	ಮು	ದು
ಬ	ದ್ವಾ	ಮು	ವರ್	ಜ	ಸು	ಭಾ	ಸು	ಬ	ದ್ವಾ	ಷ್ಣ	ಕ್ರ
ರ	ಣ	ರ	ಕ್ರೋ	ಷ್ಣ	ಯ	ಧ	ಧಿ	ಭಾ	ರ	ರ	ಫಿ
ಷ್ಣ	ಯ	ಶಾ	ಜ	ವರ್	ರ	ಫಾ	ರ	ಗೀ	ಕ್ರ	ಮೋ	ಸು
ರ	ಖ	ತು	ಕ್ರ	ಷ್ಣ	ಫಿ	ತಾ	ತಂ	ಬ	ತ	ದು	ಭಾ
ಖ	ಮು	ದು	ಜಿ	ಧಾ	ಫಿ	ತಂ	ಫಿ	ಣ	ಬ	ಧ	ಕ್ರ
ಫಿ	ಕ್ರ	ಮ	ಕ್ರೋ	ವರ್	ತಾ	ಬ	ಫಿ	ಷ್ಣ	ರ	ಧಾ	ಜ
ಭಾ	ತಂ	ದ್ವಾ	ಕ್ರ	ಷ್ಣ	ಷ್ಣ	ಬ	ಕ್ರ	ಫಿ	ಬ	ತಾ	ಫಿ
ಕ್ರ	ಗೀ	ತು	ಫಿ	ರೋ	ಧ	ಬ	ಕ್ರ	ಕ್ರೋ	ಫಿ	ಧಾ	ಬ
ಜ	ವರ್	ರ	ರ	ಷ್ಣ	ಸಂ	ಮು	ಮೋ	ಬ	ಫಿ	ಬ	ರ
ತ	ದು	ಮೋ	ಷ್ಣ	ರ	ಕ್ರೋ	ಫಿ	ಷ್ಣ	ರ	ಸು	ಫಿ	ಕ್ರ
ಶಾ	ರು	ಧ	ಬ	ರೋ	ತು	ಫಿ	ಫಿ	ಕ್ರ	ಫಿ	ಫಿ	ಮೋ

ಪದರಂಗ



ಎಡದಿಂದ ಬಲಕ್ಕೆ

೧. ಸಂತರು ಮಾತ್ರ ನುಡಿಯುವ ಸುಮಧುರ ಹಾಡೇ ಇದು? (೩)
೨. ಭಂಗವಿಲ್ಲದೆ ದೇಹ ಶುದ್ಧಮಾಡಿಕೊಳ್ಳುವ ಕ್ರಿಯೆ. (೩)
೩. ಕೋಗಿಲೆ ಇಲ್ಲಿ ಕುಳಿತು ಹಾಡಿತೆಂಬ ವದಂತಿ (೩)
೪. ಸಿಹಿ-ಕಹಿಯ ಬದಲು ಕಹಿ-ಸಿಹಿ ಆದರೆ ಹೇಗೆ? (೪)
೫. ಶಶಿಮುಖಿಯರು ಆಚರಿಸುವ ಯುಗಾದಿ ದಿನವೇ ಇದು? (೪)
೬. ಬೇಸಿಗೆ ಬಂತು, ಸ್ಕೂಲೆಲ್ಲಾ ಮುಚ್ಚಿತು.... (೪)
೭. ಮತ್ತರಬೇಡ, ಇದು ಹಿಂದು ವರ್ಷ (೪)
೮. ಹಬ್ಬದ ಸಡಗರ, ಸಂಭ್ರಮ, ಸಡಗರ (೩)
೯. ಪೂಜಾ ಸಾಮಗ್ರಿಗಳನ್ನು ಮಾಡಲೇ ಈ ಲೋಹ ಇರುವುದಾ? (೩)
೧೦. ತಾರಾ, ಹೊಸ ಸಂವತ್ಸರ ಬಂದಿದೆ ನೋಡು! (೩)

ಮೇಲಿಂದ ಕೆಳಕ್ಕೆ

೧. ಜೊತೆ ಜೊತೆಯಾಗಿ ಸ್ನೇಹಿತರು ಸೇರುವ ತಾಣ (೩)
೨. ಮಾಲ, ತಡಮಾಡಬೇಡ ಕತ್ತಾಲಾದೀತು (೩)
೩. ಅಬೆಯಿಂದ ಹುಟ್ಟುವ ನಾಯಿಕೊಡೆಯೇ ಇದು? (೩)
೪. ರಂದ್ರದ ಮಧ್ಯೆ ವೀಕ್ಷಿಸಿದರೆ ಸೂರ್ಯ ಕಾಣಿಸುತ್ತಾನಂತೆ! (೩)
೫. ಸರ ಸರ ಅಂತ ಬೇಗ ಬಂದು ಸೇರುವ ಆಲಸ್ಯ. (೩)
೬. ನರರಿಗೆಲ್ಲಾ ಗೊತ್ತು ಈ ಜೀವ ಶಾಶ್ವತವಲ್ಲಾ ಎಂದು (೩)
೭. ವರ್ಷವದಿ ಹಬ್ಬ ತಲೆಕೆಳಗಾಗಿದೆಯಲ್ಲಾ? (೩)
೮. ಸಂತರೂ ಸ್ವಾಗತಿಸುವ ಋತು ಬರುತ್ತಿದೆ.(೩)
೯. ತಾರಾ ಅವರೆ, ಈ ಹೂವು ಯಾಕೆ ತಳೆಕೆಳಗಾಗಿದೆ? (೩)
೧೦. ತೋರಿಸು ಬಾ, ಬಾಗಿಲಿಗೆ ಕಟ್ಟಿದ ಚಿಗುರಿನ ಮಾಲೆ (೩)

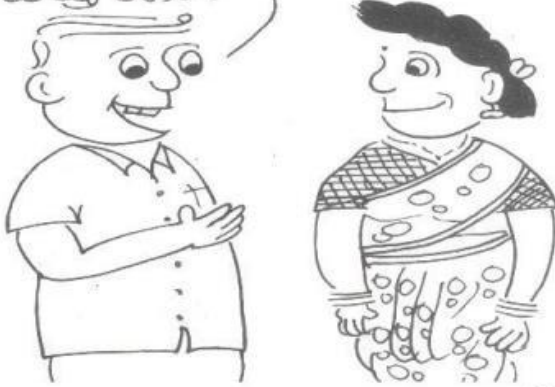
సంఘము

సైంట్ యాంజెల్స్ కన్వెంట్ సంఘం

Cartoon Corner!

Di geethe

ఈ బాలయ యుగాది బంతుర
త్రా నమగే శిశ్కద డాగే కనకు
బచ్చు కణే!



ఓ.. ఆదర్శే ఇరబేరు, ననగే
శిలరే, ఒడెవ్ బల్లా తగోండె డాగే
కనకు బద్దొద్దు!!!



విజయ
K.M. ISAR



తారె... అజయంపు బుక్కె బంతురకి!



ఒకరొనెను బంతు... దిలరాకళ బుక్కె
బంతురలెవ!



కనొక్కే.. అంతు నిమ్మ దిలెబెవళి
విశేషాంఠ ఈగ ఓది మునిలెతు నీలెది..
అందాగే... యుగాది విశేషాంఠ
స్టల్ల కేంద్రిణ...?!



'యుగాది బుక్కె' రకకే
ఓంసెరడు దినద ముట్టిగ
ఒర్రా 'బుక్కె' - అంతు స్టేజిలెకనగి
పత్ర ఒకదరే, ఆ యొంతు లుక్రమ
బాడ్డగళ మట్టి కళ్ళదూసే కణే..

ಬಂತೊಂದು ಹೊಸ ವರುಷ

ಹಳೆದು ಬಸವಳಿದು
ಕಳೆದೋಯಿತೊಂದು ವರುಷ
ನಲಿದು ನೆಗೆನೆಗೆದು
ಬಂತೊಂದು ಹೊಸ ವರುಷ

ಅಂತೆ-ಕಂತೆಯೆಲ್ಲ
ಏಕೆ ಬೇಕು ಬಾಳಲಿ
ಚಿಂತೆ-ಗಿಂತೆಯೆಲ್ಲ
ಮರೆತು ಬಾಳು ಹಸನಾಗಲಿ

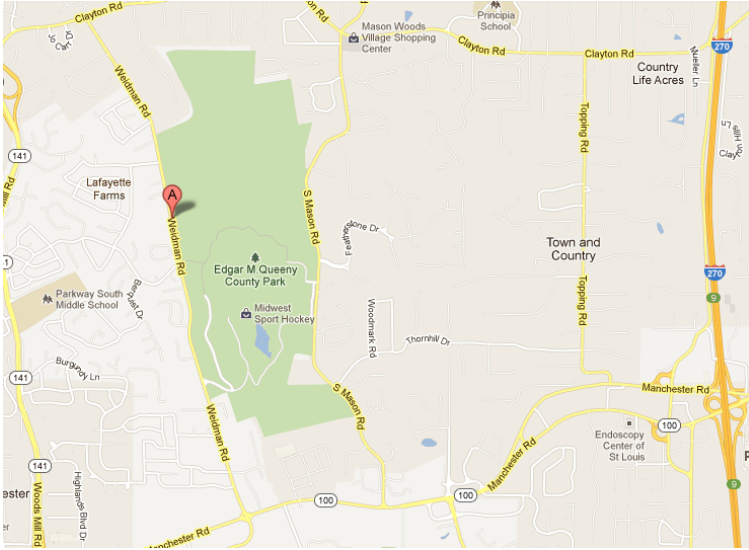
ಕಂಡ ಕನಸುಗಳು
ನೂರು ಇವೆ ಜೊತೆಯಲಿ
ನಮ್ಮ ಮನಸುಗಳು
ದುಡಿದು ಕನಸೆಲ್ಲ ನನಸಾಗಲಿ

ವರುಷವಿಡಿ ಇರಲಿ
ಎಲ್ಲ ನಲಿದಾಡೋ ಸಂಭ್ರಮ
ನೋವುಗಳೆಲ್ಲ ಮರೆಯಲಿ
ಸುಖಿಸುತ ಆರೋಗ್ಯ ಕ್ಷೇಮ

ಹೊಸ ವರುಷವೊಂದು
ಕೋರುತಿದೆ ನಿಮಗೆ ಶುಭಾಶಯ
ವರುಷದ ಹರ್ಷವೊಂದು
ಕಾಯುತಿದೆ ನಿಮ್ಮನ್ನೇ ಮಹಾಶಯ

Driving Directions to the Mahatma Gandhi Center

725 Weidman Rd
Manchester, MO 63011-4207



From 270

- Manchester MO-100 exit. Go West on Manchester Road for about 2 miles to Weidman Road
- Make a turn to go North on Weidman Road and drive for about 1.65 miles to the Gandhi Center, on your left. It is in the same campus as the St. Louis Hindu Temple

From 40

- Take Mason Road exit and go South on Mason. Drive on Mason for about 1.0 miles and at Clayton Road, make a right to go west
- After about 0.75 miles, make a left to go south on Weidman Road and drive for about 1.65 miles to the Gandhi Center, on your right. It is in the same campus as the St. Louis Hindu Temple

