

ಸಂಗಮ

ಸೈಂಟ್ ಲೂಯಿಸ್ ಕನ್ನಡ ಸಂಘ

2010 – 2011 Volume 2 Gowri and Ganesha Pooje 2010

<u>President</u> Kantharaju, Sunil 314-985-6769	<u>Vice-President</u> Sharma, Vinayaka 314-514-1631	<u>Secretary</u> Sanjeeva, Nagendra 314-432-2651	<u>Treasurer</u> Upadhya, Srilatha 314-579-0713	
Gururaj, Madhuri 636-536-4567	Hukeri, Anupama 636-405-1024	Joshi, Katyayini 636-536-0299	Koodalupati, Roopashree 636-529-1320	Vittal, Karthik Kiran 314-226-9120

“ವಕ್ರತುಂಡ ಮಹಾಕಾಯ ಕೋಟಿ ಸೂರ್ಯ ಸಮಪ್ರಭ ನಿರ್ವಿಘ್ನಂ ಕುರುಮೇ ದೇವ ಸರ್ವಕಾರ್ಯೇಶುಸರ್ವದ”



ಶರಣು ಶರಣಯ್ಯ ಶರಣು ಬೆನಕ ನೀಡಯ್ಯ ಬಾಳೆಲ್ಲ ಬೆಳಗುವ ಬೆಳಕ

Aatmeeya Kannada Bandhugale,

Sangama welcomes you all to the Annual Gowri and Ganesha Pooje on Sep 19th, 2010. The timing and venue are given here. Prof. Shankar Sastri has kindly agreed to perform Pooje.

Event Location, Date and Timings:

<u>Venue:</u> Parkway Central Middle School 471 N Woods Mill Road, Chesterfield MO 63017	<u>Date :Sept 19th 2010, Sunday</u> Gowri Pooje: 09.30AM – 10.30AM Bhajane: 10.30AM – 11:00AM Ganesha Pooje: 11:00AM – 12.30PM
--	--

Ganesha Habba:

Ganesha Chaturthi or Ganesha Habba is a day on which Lord Ganesha, the son of Shiva and Parvati, was born. It is also known as Vinayaka Chaturthi or Vinayaka Chavithi in Sanskrit, Kannada. This festival is observed in the lunar month of Bhadrapada (a Hindu month), shukla paksha chaturthi (fourth day of the waxing moon period). Typically, the day falls sometime between August and September . The festival lasts for 10 days, ending on Ananta Chaturdashi. Ganesha, the elephant-headed son of Shiva and Parvati, is the supreme god of knowledge, wisdom, prosperity and good fortune. He is the Lord who is first worshipped before any holy occasion or puja. Lord Vinayaka is revered as the preserver of all good things and prevents Vigna (meaning obstruction/bad omen).

Celebration in Karnataka:

Potters and their clan plan the making of Ganesha/Gowri murthi, 2-3 months prior to Ganesha Chaturthi. Life like clay models of Lord Ganesha/Gowri are made by specially skilled artisans. They are beautifully decorated & depict Lord Ganesha in various poses, colours themes. The size of these statues may vary from 3/4th of an inch to over 25 feet. Kannadigas keep Ganesha and Gowri in their houses and also in the streets during Ganesha Habba. The local tradition is usually youth groups who wants to keep Ganesha start collecting funds in their respective localities much before the habba. They go to every household in their localities and collect funds. With the collected funds they start their preparations for installing Ganesha murthi for the festival. This tradition not only brings kids together but also inculcates qualities like teamwork, management, leadership skills etc.

Ganesha Chaturthi starts with the installation of these Ganesha statues in colorfully decorated homes and specially erected temporary structures mantapas in every locality. The mantapas are decorated specially for the festival, either by using decorative items like flower garlands, small banana saplings, lights, etc or are theme based decorations, which depict religious themes or current events. The statues are worshiped with families and friends. The priest, usually clad in red silk dhoti and shawl, then invokes life into the statue amidst the chanting of mantras. This ritual is the Pranapratishtha. After this the ritual called as Shhodashopachara (16 ways of paying tribute) follows. The offerings include 21 durva (trefoil) blades of grass, red flowers, coconut, jaggery, 21 modakas. The statue is anointed with Kumkum & Sandalwood paste . Vedic hymns from the Rig Veda, the Ganapati Atharva Shirsha Upanishad, and the Ganesha stotra from the Narada Purana are chanted. Along with Ganesha, Gowri murthi is also worshipped by women as Swarna Gowri vrata in Karnataka. The celebrations go on for 10 days, from Bhadrapada Shuddha Chaturthi to the Ananta Chaturdashi. On the 11th day, the statue is taken in a procession accompanied with dancing, singing, and fanfare through the streets to be immersed in a river or the sea symbolizing a ritual see off of the Lord in his journey towards his abode in Kailash and taking away with him the misfortunes of his devotees.

Tindi ,Tinis during Ganesha Habba:

Kannadigas normally prepare many sweet dishes for Ganesha Habba out of which Kargadabu or Kai Kadabu and Modaka are famous. A famous saying in Kannada goes as “Ganesha banda Kai Kadabu tinda, chikka kereli bidda, dodda kereli yedda”. Modaka is considered to be the favorite food item of Lord Ganesha. It is customary to offer twenty-one or one hundred eight modakas to Lord Ganesha.

Ganeshana Kathe; History and Legend:

As per one of the popular legend, once upon a time, Goddess Parvati wanted somebody to guard her while she was bathing. She created a pure white being out of the mud of her body. She named him Ganesh (Ganapati). She asked Ganapati to stand at the entrance of the house. She also told him not to allow anyone to enter while she went inside for a bath. Same time, God Shiva himself was returning home quite thirsty. But he was stopped by Ganapati at the entrance of the house. Shiva became angry and cut off Ganapati's head as he thought Ganapati was an outsider. When Parvati came to know of this, she was sorely grieved. To console her, Shiva ordered his disciples to cut off and bring to him the head of any creature that might be sleeping with its head facing north. The disciples went on their mission and found only an elephant in that position. The sacrifice was thus made and the elephant's head was brought before Shiva. Shiva then joined the elephant's head onto the body of Ganapati and gave him a life again. This is how lord Ganapati came into existence.

Kids will have opportunity to make Ganesha vighraha on Saturday September 18th, 2010 and bring their vighraha on September 19th, 2010 to do Ganesha pooje. Please contact Karthik Vittal at 314-226-9120 or karthik.kiran@gmail.com & enroll your kids if you would like your kids to enjoy this event. Kids must be atleast 6 older.

Various names of Lord Ganesha:

Ekdanta (One with a single tusk/tooth)

The Ekdanta or single tooth of Lord Ganesha symbolizes mental determination of the mind. It therefore reminds everyone to have a firm and single determined mind and thought process instead of a wavering one.

Ganapati (Head of the celestial armies or all Ganas)

The word Gana can be split into two parts: Ga->Buddhi or Intellect and Na -> Vaijnaana or Higher Intellect. Pati relates to Lord or Master.

Gajanana / Gajavakra (Elephant headed Lord)

The large head of Ganesha symbolizes wisdom, intellect and understanding that a person must possess in order to attain perfection in life. The large ears signify that a person must be a patient and attentive listener, which would help in gathering new thoughts and ideas.

Vighnaharta (Destroyer of all sorrows and obstacles)

The word Vighna means obstacles and harta/hara/Vinashaka means one who destroys all obstacles and difficulties.

Vakratunda / Gajavakra (One with the curved trunk or elephant trunk)

Ganesha's curved trunk symbolizes that a person should be ready to undertake any task whether big or small, in order to achieve prosperity and progress without any ego and should have the modesty and politeness to deal with all kind of situations in life.

Vinayaka (Master of every kind of learning)

The word Vinayaka relates to Master of every kind of learning (Vidya) and knowledge. Vinayaka is the knowledge of the academics as well as the liberal arts such as music and poetry. Lord Ganesha is also worshipped as the bestower of knowledge, wisdom and intellect to all those who worship Him.

On the occasion of **Sangama – Saint Louis Kannada Association** celebrating 25 years and growing into a big family from a handful of families with only long term vision in their minds when it was started in the year 1985, we are very happy to introduce logo for our association.

According to Smt. Kathyayani Joshi who conceptualized the logo - It is the representation of us Kannadigas coming together to establish Sangama with the intent of preserving our language & culture and then passing it onto the new members of this Kannada family. A hope to keep this light alive through years to come. Consideration is given to the culture, heritage and the language in the logo.

On festival celebration day, T-shirts will be released with the logo to mark the 25th year of our organization Sangama. T-shirts will be sold on first come first serve basis as we only have a limited quantity. All sale proceedings will go **Sangama – Saint Louis Kannada Association**.



Congratulations:

Shalini Subba Rao on accomplishing her arangatram on August 14th, 2010.

Births:

Sangama executive committee on behalf of all its members congratulates the following families who were blessed with a new member:

Family	New Born Kid's Name	Date
Amin, Vasanta and Anchan, Veena	Nikhil Amin	June 16 th , 2010
Rao, Salil and Salil, Shilpa	Nishka Rao	June 29 th , 2010

Please mark your calendars for the upcoming events:

- Nammura Jathre - Oct 23rd, 2010
- Nada Habba - Nov 21st, 2010
- New Year's Eve - Dec 31st, 2010
- Ugadi - Apr 23rd, 2011

Kannada Classes for Kids: Sangama is facilitating Kannada classes at Saint Louis soon. Please contact Karthik Vittal at 314-226-9120 or Roopa Prahlad at 314-556-3229 to enroll your kid/s or kid in you if you have not done so by now!!!

Father's Day Picnic

Fathers, Mothers, and Kids of Sangama Family got together in over 100+ in number to celebrate Fathers' day with fun filled picnic -- which lasted over 5 hours. A few people had challenge in finding a parking space speaks about the pace of Sangama's growth and enthusiasm in Kannada families while we regret for the inconvenience caused to members who arrived late.

Sangama's joy signature on father's day this year retained that charm with signature events such as Block Race for Sangama Janumada Jodis and Cricket. This year's highlight was that added glitter from new events such as Bharat Yatra, Cricket T6 Tourney, and Throw Ball competitions. "Bharat yatra" was competed by 4 teams "Hoysala", "Rashtrakoota", "Kadamba" & "Chalukya". Our cricket enthusiasts turned in big number and enjoyed the cricket championship. Kids had lot of fun with events such as Pinata, Nammura Lagori, Bindi Namma Aunty, and not to mention long fun-filled play time at brand new play area at Beirne Park.

Sangama volunteers poured the event with Mristanna Snack Bojana. Over half of barbeque corn got over in first 30 minutes. Sangama Family enjoyed great potluck with big list of yummy food: Masala Puri, Majjige, Bean Burrito, Fruit Salad, Gojjavalkki, Yammi Pakodas, Lemon and Curd rice, etc. Cucumbers and melons kept our sport stars cool, and complimented by Soda, Brownies, Cakes, and Candies brought by our Sangama volunteers.

Movie Time Sangama Father's day was followed by screening Block buster Kannada Movie "Manasare" on Sunday, June 27, 2010. Sangama members Audience enjoyed this musical love story and left with that long lasting lyrical note "Naanu manasaare marulanaage iruvenu innu munde...".

Magic & Ventrolquist Sangama will be proud to say Ms Indushree picked St Louis as one of her stops to bring us an enthralling and magical ventriloquism experience to Sangama Family on Friday July 9th evening after performing at the NAVIKA World Kannada Conference. We thank Sangama members who generously contributed during the event to help us honor the artist in a deserving way. Sangama Committee prepared tasty chitranna and mosranna to go pack for all the attendees.

Remembering Shri Harihareshwara: Sangama members met on August 29th, 2010 evening to remember the contributions of a profound Kannada & Sanskrit scholar and a prolific writer in Kannada. His contribution to Kannada in and outside of Karnataka was remembered profoundly by Sangama families.

Sangama 2010 Committee sincerely thanks all volunteers, members, and kids for making each event big success. We are now waiting for next Sangama family reunion to taste that big family feast.

Note: - Sangama is mainly run by the contribution of Sangama Member's annual membership fee. Those who have not paid their membership fee for this year, please mail your checks payable to "Sangama" at:

Smt. Srilatha Upadhya,
12573 Larkwood Dr,
St. Louis, MO 63146

ನಮಸ್ಕಾರಗಳೊಂದಿಗೆ,

The Sangama Executive Committee (2010-2011)

Menu For The Ganesha Habba for each person

IDLY – 60 each Jyothi Mayankar Latha Vishwanath Vanitha Talkat Jyothi Mysore Mangala Shenoy Lakshmi Prakash Malathi Reddy	Payasa - 1 Gallon Tara Shadaksarappa Rajalakshmi Savitha Shivalli Preetham Desai Preeti Harish Shylaja Atri	Vangibat- 6 quarts Radha Srinivas Vardhni Shankaran Kumuda Prabhar Amoolya Shetty Rekha Megharaj Lakshmi Naveen
Chutney–4 Quarts Sonya Kumar Rathna Vikram Sushma Datta Sujatha Manjunath Reshma Kumar	Sambar – 6 Quarts Jyothi Hulloli Veena Devecha Manjula Sudheendra Sandhya Kumar Padmini Prabhu	Mosaranna–5 Quarts or 1 Tray Indumati Anil Dakshayani Sripal Nandini Kaveri Purushotham Vinoda Kaup Smitha Anand
Beans Pallya - 4 Quarts Manasi Belegere Prathima Murali Sindhu Sarkar Sumedha Bailur Uma Nagbhusan	Majjige Huli - 5 Quarts Jaya Shastri Kavitha Upadhya Seema Chaya Gopalan Jayanti Hariprasad	Happala – 50 each Shahapeti Veena Anchan Chaitra Pramod Shilpa Salil Sushela Palamand
Pickle – 1 Bottle Asha Prem Pushpa Ningegowda	Soda – 6 bottles Bharthi Hebbar (Coke family) Preeti Pavan(Pepsi family)	Husli - 6 Quarts Seema Ratni Teju Nayak Archana Rao Surekha Raju
Kosambari - 4 Quarts Shobha Dixit Shubha Nataraj Gayathri Venkatesh Geetha Prabhu		

The US dry quart is equal to 1.1 liters; The US liquid quart equals to 0.95 liters

Please Note:

- * If you have been assigned food items and cannot make it to the event please try to make alternative arrangement or call one of the committee members to make other arrangements.
- * Sangama Executive committee will be making Kadubu and Ambode for the event.

Kids Corner:

Match the pairs:

1) Lord Ganesha	1) Hindu Month
2) Bhadrapada	2) One with large belly
3) Shiva	3) Modaka
4) Lambodara	4) Adya-daivat
5) Kadabu	5) Parvati

Identify true or false:

- 1) Lord Ganesha is elephant-headed God.
- 2) Lord Ganesha is Shiva-Parvati's son.
- 3) Swan is the vehicle of Lord Ganesha.
- 4) Lord Ganesha stole Shamantha mani.
- 5) Ganesha Chaturthi is celebrated in the month of Shravana.

Unscramble following words:

shnagea

itrapav

kamdoa

shmiuak

worig

Fill up the blanks:

- 1) Ganesha banda _____ chikka kereli bidde _____.
- 2) The vehicle of Lord Ganesha is _____.
- 3) Lord Ganesha ties _____ around his tummy.
- 4) _____ means the one with a single tusk.
- 5) _____ is the favorite sweet dish for Lord Ganesha.

Ganeshana Hadu :

Baaro Baaro Baaro Ganapa
Baaro Baaro Baaro Ganapa
Yelli Biddeyo Muridide danta
Yelli Hoyito Vaahana Iliyu
Hodare Hogali Bicycle Koduve
Trin Trin Trin Trin Baariso Bellu
Baaro Baaro Baaro Ganapa

Color this picture of Lord Ganesha:



relaxand in Textile art

Torana making project for Ganesha Chaturthi festival

Time For the activity: 15-20 min

Things needed: Green colored craft paper, cord / string, foam flowers, glue, glitter and scissor

How to make:

Usually, Toranas are made from the fresh flowers and leaves. But, we are going to make leaves from craft paper and use foam flowers.

Step 1: Fold a 16" square green colored craft paper in such a way that 4 folds are made on top of one other. Draw a leaf on the paper with pencil and carefully cut the leaf shape with scissor. Draw a vine on each leaf with the glue and put the glitter on it. Now the leaf is ready with the glittered vines. This step will make 4 leaves. Make as many as you might need.

Step 2: Tie the leaves to the cord at equal distance from each other. In between the two leaves, glue or staple the foam flowers on the cord. You can decorate the flowers with another small flower or with glitter.

Your Torana is ready for hanging.



Answers for the puzzles in Kids Corner:

- **Match the pairs:** 4 1 5 2 3
- **Identify true or false:** True, True, False, True, False
- **Unscramble the words:** Ganesha, Parvati, Modaka, Mushika, Gowri
- **Fill up the blanks:** Kai kadabu tinda, dodda kereli yedda, mouse, snake, Ekadanta, modaka.

Event Location, Date and Timings:

Venue: Parkway Central Middle School 471 N Woods Mill Road, Chesterfield MO 63017	Date :Sept 19th 2010, Sunday Gowri Pooje: 09.30AM – 10.30AM Bhajane: 10.30AM – 11:00AM Ganesha Pooje: 11:00AM – 12.30PM
---	---

* Above schedule is just a suggested timing and **may** vary due to factors that may affect the events of the day.

* Please contact either Kathyayani Joshi or Sunil Kantharaju if you are willing to support Sangama's Go Green effort and would like to opt-out of newsletters by mail. Before you enroll for this effort, please make sure you are getting emails and evite for Sangama events.



Sangama – Saint Louis Kannada Association is a registered not for profit organization.

Sangama
515 Fortress Court
Saint Charles, MO 63303

To:
STL Sangama Families