



**2010 – 2011 Volume 1
Father's Day 2010**

<u>President</u> Kantharaju, Sunil 314-985-6769	<u>Vice-President</u> Sharma, Vinayaka 314-514-1631	<u>Secretary</u> Sanjeeva, Nagendra 314-432-2651	<u>Treasurer</u> Upadhya, Srilatha 314-579-0713	
Gururaj, Madhuri 636-536-4567	Hukeri, Anupama 636-405-1024	Joshi, Katyayini 636-536-0299	Koodalupati, Roopashree 636-529-1320	Vittal, Karthik Kiran 314-226-9120

Happy Father's Day



One father is more than a hundred Schoolmasters.
~George Herbert, *Outlandish Proverbs*, 1640

Event Location, Date and Timings:

<u>Place:</u> Beirne Park 10630 Country View Dr Creve Coeur, MO - 63141	<u>Date:</u> Sunday June 20 th , 2010 <u>Time:</u> 3:00 pm to Dusk
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Happy Father's Day!!!

Importance of Father's Day

Father's Day festival is considered extremely important as it helps to acknowledge the contribution of fathers to individual families and to societies at large. Besides observance, Father's Day provide children an opportunity to express love and respect for their father. The sentiment goes a long way in strengthening father-child relationship and consequently in the emotional development of a child.

History of Father's Day

The idea of celebrating Father's Day Festival was given by **Ms Sonora Dodd**, a loving daughter from Spokane. Her father Henry Jackson Smart single-handedly raised Sonora and five of her siblings after the death of her mother during child birth. When Sonora attended a Mother's Day Sermon in 1909, she thought that if there is the day to honor mother then there should also be a corresponding day to honor fathers. Sonora worked relentlessly for years to ensure that the idea of Father's Day becomes a reality. In 1924 President Calvin Coolidge first recognized Father's Day. In view of the massive popularity of the festival, in 1972, President Richard Nixon established a permanent national observance of Father's Day to be held on the third Sunday of June.



Sonora Smart Dodd

Over the years, the concept of celebrating Father's Day spread beyond geographical boundaries. Today, millions of children across the world express gratitude for their dads as they celebrate Father's Day festival.

Significance of Father in our Lives

Many people laughed at Sonora Dodd when she gave the concept of having a Father's Day, as traditionally, only mother is regarded as the sole nurturer of a child. The role of father is often relegated to a secondary status as compared to a mother. But all of us know that father is just as important for a child as the mother is. If mothers are the heroes of child rearing, significance of father in the development and emotional well being of a child is no less. Children depend on their father for their spiritual, emotional, physical, financial and social well being. For daughters, father is the ideal man in the world and also the first man they adore, while for sons, father is an idol and the strongest man they aspire to emulate.

Though traditionally father is seen more as a provider and guide for children, the scenario appears



significantly changed in nuclear family culture of today. With most husband and wife working, fathers in present times are as involved in child rearing job as the mothers are. Today, most fathers do not shy away from changing nappy or taking the difficult task for putting the baby to sleep. This cultural change is helping in strengthening father-child relationship and consequently in emotional development of a child and building of stronger family bonds.

Significance of Father's Day Festival

Father's Day festival gives us the opportunity to express thanks to our Daddy for all their unconditional love and affection. Observance of Father's Day makes fathers feel that their contributions are acknowledged in the society and also by their children. They feel proud of themselves! Besides by celebrating Father's Day, children come closer to their father. For, most often children take love of their parents for granted. Celebration of Father's Day makes them ponder for a while on the important role their father play in their life. This helps them appreciate the selfless care and protection provided by their father and hence they come emotionally closer to their dad.

Children must therefore take full opportunity of the day and express their gratitude for fathers with all their heart. The best way to do so is to do small things that daddy appreciates and by saying “**I love you, Papa**” with a gift of beautiful flower.

Progression of one's thought about DAD

- 4 years: My Daddy can do anything!
- 7 years: My Dad knows a lot...a whole lot.
- 8 years: My father does not know quite everything.
- 12 years: Oh well, naturally Father does not know that either.
- 14 years: Oh, Father? He is hopelessly old-fashioned.
- 21 years: Oh, that man-he is out of date!
- 25 years: He knows a little bit about it, but not much.
- 30 years: I must find out what Dad thinks about it.
- 35 years: Before we decide, we will get Dad's idea first.
- 50 years: What would Dad think about that?
- 60 years: My Dad knows literally everything!
- 65 years: Let me talk it over with Dad once more.

Congratulations:

Gopinatha Joshi for being one of top 10 graduating students in PMBA from WashU ('Charles F. Knight Scholar' award)

Births:

Sangama executive committee on behalf of all its members congratulates the following families who were blessed with a new member:

Family	New Born Kid's Name	Date
Vijay Honnavar & Manasa	Raghav	12/06/2009
Venkatesh, B. Sira and Kora Pallavi	Arya	12/25/2009
Vittal Bhat & Family Shankar D Rao & Family	Abhishek*	03/19/2010

* Abhishek is grandson of Vittal & Madhu Bhat and Shankar & Swarna Rao.



Jubilee Celebrations

We, Sangama are into the 25th year from the last Ugadi celebrations and celebrated the beginning of the Silver Jubilee year with a daylong function on April 25th 2010. It was such a grand function that it raised the bar for all time to come. So many members from all quarters have expressed their joy in so many words that we will have to put an additional news letter bigger than this one to reproduce their words over here. Many members sent messages to the Sangama mail box congratulating President of the day Sri. Aravind Upadhyya for his leadership and his committee team for making the function happen in such a grand scale.

Enthusiasm and love for the mother tongue, culture and heritage, to our birth place overcame challenge posed by the intimidating weather that day. The two literary works were released that day – Sourabha from Sangama to mark the beginning of the 25th anniversary by Chief Guest Smt. Nalini Maiah and the Bhagavata of Dr. Holalkere Chandrashekhar by Prof. Dr. Shankar Sastry. Chief guest Smt. Nalini Maiah's explanation of Sangama was more appealing and convincing because of the festive air that day.

People felt like they were attending a family function that day. Greetings were exchanged between people who had not seen each other for a while and new friendships happening on the sidelines on that day. It all looked like one big family had come to celebrate a family event from across the places.

Speeches, literary work, cultural programs along with food catering possible due to the generous contributions from patrons will be a thing to remember for days to come.

About Committee & Plans For This Year

We thank you very much for giving us an opportunity to serve in the Sangama committee for this year. We have a mix of a few experienced members and a few new faces in our team. We all are eager to serve and are committed to bringing a memorable experience for all member families. We are planning to have a few more activities along with the regular events Sangama schedules through the year. We are working to use <http://www.evite.com> for Sangama events and <http://www.surveymonkey.com> to collect your valuable thoughts & opinions so we can work with your tastes and interests in mind.

For this year's Father's Day, we have come up with various activities for children, women, men and pairs at the Beirne Park. League format is in pipe for this year's Father's day picnic. **Please have your kids wear shoes for that day.** Directions (From hwy. 270 and Olive): Go east on Olive to Spodee road, make a right on Spodee, and a left on country view. The park is at the end of the road.

We are planning to celebrate Ganesha Habba on Sunday September 19th. We hope all members can take part in this event and make it a memorable get-together for all in the growing Sangama family. We will plan to have **bhajane for kids on this day between Gowri Pooje and Ganesha Pooje** and also plan on having some light breakfast for kids to enable members to start early from their house and take part in the Gowri Pooje which is usually scheduled before Ganesha Pooje.

We look forward to have your continued involvement with Sangama and it is really appreciated by the whole Kannada community in St. Louis.

Note: - Sangama is mainly run by the contribution of Sangama Member's annual membership fee. Those who have not paid their membership fee for this year, please mail your checks payable to "Sangama" at:

Smt. Srilatha Upadhyya,
12573 Larkwood Dr,
St. Louis, MO 63146

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The Sangama Executive Committee (2010-2011)



Menu For The Father's Day Picnic

LEMON RICE - 5 RAW RICE CUPS Kumuda Prabhakar Rekha Megharaj Madhu Bhat Anitha Somprasad Bharthi Hebbar	GOJJAVALAKKI - HALF TRAY COOKED Seema Kasturi Jaya Sastry Hema Srikanta Deepthi Bharadwaj Shubha Bhaskar	Majjige (Spicy) – 2 Gallons Each Veena Divecha Jyothi Hulloli Savitha Eli Indumathi Kumar Ashwini Kulkarni Seema Ratni Kora Pallavi Jayanti Hariprasad
Fruit Salad – 5 Quarts Each Lakshmi Naveen Jyothika Manepalli Sushma Datta Manasi Harsha Chaya Gopalan Lakshmi Prakash	Mosaranna - 5 Quarts Each Sujatha Manjunath Tejaswini Nayak Radha Srinivas Reshma Kumar Uma Nagbhusan Gayathri Venkatesh	Soda – 3 Bottles Each Shilpa Salil Manasi Honnavar Preetam Desai
Watermelon - 1 Large or 2 Med. Jayaramanujam Vani Pargadia Shilpa Patil Smitha Anand Preethi Harish	Brownies – 30 Pieces Each Amoolya Shetty Hemalatha Arkachar Surekha Bidap	Chopped Tomatoes - 3 Lbs Each Shylaja Atri Kaveri Purushotham Pratima Murali
Chopped Onions - 3 Lbs Each Jyothi Mysore Ramya Gowda Rajalakshmi Ganapayya	Pickle - 2 Bottles Asha Prem	Sweet Chutney - 3 Quarts Each Meera Vasudevamurthy Sumedha Bailur
Corn Khara Chutney - 5 Quarts Anitha Sharma	Khara Chutney - 5 Quarts Tara Shadaksharappa	Salsa - 2 Bottles From Sams Neeta Raj Sandhya Pandurangi
Tortilla Chips - Two Big Packs Kavitha Upadhya Jaya Ramanujam	Refined Beans For Tacos Suguna Sateesha Madhuri Gururaj	Peas Masale for Masalpuri Anitha Nagendra Kathyayani Joshi

The US dry quart is equal to 1.1 liters; The US liquid quart equals to 0.95 liters

Please Note: If you have been assigned food items and cannot make it to the event please try to make alternative arrangement or call one of the committee members to make other arrangements.



Kids Corner

For Kids To Color



Father's Day Word Scramble

by PartySuppliesHut.com

arcd	<input type="text"/>
fareht	<input type="text"/>
irllg	<input type="text"/>
gishnfi	<input type="text"/>
tpyar	<input type="text"/>
ejnu	<input type="text"/>
sgnotiu	<input type="text"/>
ite	<input type="text"/>
rshit	<input type="text"/>
ayrd	<input type="text"/>
olgf	<input type="text"/>
sdik	<input type="text"/>



Word Puzzle:

Father's Day Word Search

By PartySuppliesHut.com

M W B Q R G W P K P R W T I F
V P C H B W N E A E W E U F P
E I H V R S H I N R E D T I P
Q A W E E J L N H S T Y A Z M
Q V K N A B I L H S B Y D D D
Q S D J K D N I H G I F T S O
N A U E F Y R G D B T F T G G
E N G V A T M K Y X A Q E N S
E J L J S V J W F V T U M I N
S A M L T E F O R M O K B L V
K A D G I T N R T R N I V W Y
K R O W D R A Y H L Q D U O C
E V O L F H H P A X Q S J B P
E G M J M O C F D F N D X N B
M R H R A Q O M Y L B T F R K

**BOWLING
BREAKFAST
DAD
DINNER
FISHING
GIFTS
JUNE
KIDS
LOVE
PARTY
TEE SHIRT
YARDWORK**

Sports Quiz:

With which sport is the term 'bishop' connected?

- a) Bridge b) Chess c) Golf

Which among these three cricketers has scored a double hundred in an ODI match?

- a) Ravi Shastri b) Sunil Gavaskar c) Sachin Tendulkar

With which sport are the terms 'birdie' and 'eagle' associated?

- a) Polo b) Chess c) Golf



Event Date, Location and Timings:

Place:
Beirne Park
10630 Country View Dr
Creve Coeur, MO – 63141

Date: Sunday June 20th, 2010
Time: 3:00 pm to Dusk



Bringing Together Kannada Families In & Around STL Since 1985

Sangama Kannada Association is a registered not for profit organization.

Sangama
515 Fortress Court
Saint Charles, MO 63303

To:
Sangama Families @ STL