

ಸಂಗಮ

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2003-2004 Volume 2

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|--|--|---|--|
| President Srilatha Upadhya 314-579-0713 | Secretary Seshadri Subramanyam 314-514-1055 | Treasurer Vinayaka Sharma 314-514-1631 | Member Venugopal Talkad 314-892-1939 |
| Member Madhu Bhat 314-469-8040 | Member Swarna Devanhalli 314-994-9699 | Member Gayathri Venkatesh 314-997-1742 | Member Kathyayani Chiplonkar 314-275-2216 |

O' Elephant God - Thou shall remove all Obstacles

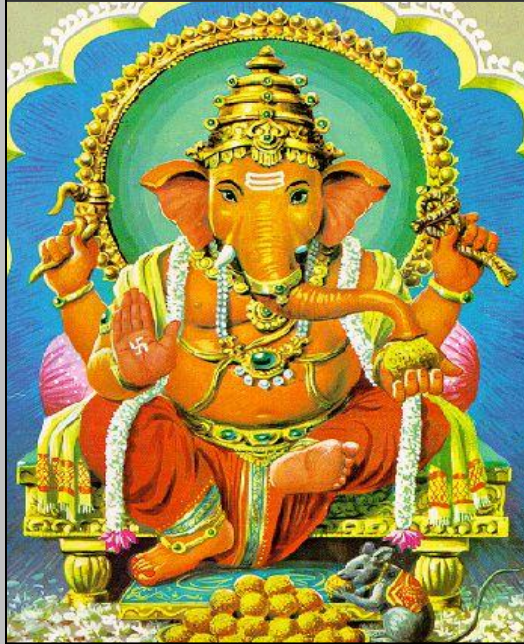
Sangama Welcomes you all to the Annual **Ganesh Pooja** at **Mahatma Gandhi Center** on **September 7th** at **10:30 AM**. The **Gauri Pooja** starts at **9:30 AM**.

We would first like to thank all of you for making the Father's Day picnic a grand success. It was a fun filled and enjoyable event.

As you know, just before this upcoming Ganapathi festival, we had Mr. Ganapathi Bhat's Hindustani music concert at the temple. With Mr. Gopalakrishna Hegde on Tabla and Mr. Ravindra Katoti on Harmonium. It was an evening of music par excellence with people wanting to hear more.

Thanks for your support in making the concert a success.

Special Thanks to The Hindu Temple, K.K Sankaran, Anjali Apte, Ajay Kamath, Gururaj Nagarajan and Suresh for all their help and sponsorship in



**'Vakrathunda Mahakaya koti
Surya samaprabha
Nirvighnam kurume deva
sarvakaryeshu sarvada'**

Traditional Hindu families often say 'Before venturing in to anything new, pray to Lord Ganesha'. The elephant-headed deity is known as the 'Lord of Beginnings' and the benign 'Remover of Obstacles', and at the start of any new enterprise, Pooja is offered to him.

Why does Lord Ganesha have the head of an elephant?

Legend says that the Goddess Parvathi created a son from the sandal paste on her, while her husband Lord Shiva was away, whom she then instructed to guard the door while she bathed.

Her husband returned, puzzled to find a strange young man in his house. The boy, not knowing that Lord Shiva was his father, refused him entry, causing a furious Shiva to cut off his own son's head. On learning the boy's identity, Lord Shiva dispatched his ganas to bring back the head of the first creature they met.

They returned with the head of an elephant, which Lord Shiva attached to his son's body and brought him back to life.



Ganesha Gayatri Mantra

*Tat purushaaya vidmahe
Vakratundaaya dheemahi
Tanno dhanti prachodayaat*

ತತ್ ಪುರುಷಾಯ ವಿದ್ಮಹೆ
ವಕ್ರತುಂಡಾಯ ಧೀಃಮಹಿ
ತನ್ನೋ ಧಂತಿ ಪ್ರಚೋದಯಾತ್

We will certainly miss **Divya, Priya, Deepthi and Ganesh Bhat**, who are relocating to *San Diego*, **Usha, Nanda and Sashidar Rao** who relocated to *New Jersey* and lastly **Rajath, Bhavana, Madhu and Appachu Nanaiah** who relocated to *Kansas City*. They have been active members in the community, Kannada School and wonderful friends.

Our heartiest congratulations to Ganesh, Nanda and Appachu on their new job. The Sangama family wishes them the best in their new locations and positions. Keep Coming back here !

On a happy note **Rama and Raghu Bangalore** had a daughter **Rasika** who was born this May. Congratulations to them and the "Big Brother" **Rajath**.

If we have missed any of you who have recently moved or have had a happy occasion, please pardon us and let us know. We will try and include it the next time around.

Ganesha Bandha, Kaayi Kadubu Thindha

| Vangi Bath/Vegetable Bath (5 Quarts/1 Tray) | Raitha (4 Quarts) | Green Beans Palya (4 Quarts) |
|--|---|---|
| Subbarao, Bhaskar & Shubha | Madhukar & Aparna Mohan | Malali, Kumar & Sandhya |
| Kumar, Hemant & Reshma | Rao, Shankar & Nandini | Hosahalli, Somaprasad R, Anita |
| Kumar, Sampath & Andal | Kalugotla, Shivaram & Kiran | Hukeri, Parag and Anupama |
| Hariprasad, S. and Jayanti | Mayenkar, Prasad and Jyoti | Kaup, Chandra & Vinoda |
| Gururaj, Nagarajan & Madhuri | Palamand, Shashi & Divya | Rao, Ashwath & Shakuntala. |
| Sateesha, M.K. & Suguna | Coconut Chutney (4 Quarts) | Kadale Usali (5 Quarts/1 Tray) |
| Nagabhushan, Bellur & Uma | Kikkeri, Sanjaya & Gowri | Reddy, Krishna & Malati |
| Veeraraghavan, Mohan S and Anandi | Kishore, Ganesh M. & Nandini | Srikanta, N.S. & Hema |
| Idli (minimum 50) | Apte, Sunil & Anjali | Nagaraj, Suvandhya & Ramarao |
| Shrinivas, Raman & Radha | Rajagopalan, Mahesh and Nilima | Huliyar, Mallikarjuna & Sapna |
| Hiremath, Sanjay & Jaya | Thanedar, Shri and Shashi | Palamand, Krishna and Leela |
| Niranjan, Raju & Surekha | Sambar (5 Quarts) | Badam Milk (1 Gallon) |
| Shenoy, Surendra & Shalini | Rao, Ramakrishna & Sumangala | Nayak, Ravi & Tejaswini |
| Hungi, Sripal P & Dakshayini | Gubbiga, Nagabhushana & Shyma | Manjunath, S & Sujata |
| Bhat, Devadas B. and Jaya | Buddhiraju, V & Vijayalakshmi | Raghu, B. A. and Rama |
| Gopalan, K. and Chaya | Palamand, Suri and Susheella | Bangalore, Venkatram and Deepthi |
| Shenoy H.N, Vinod & Mangala | Shastry, Shankar & Jaya | Venkatesh, Ramakrishna & Anupa |
| Mosaranna/Curd Rice (5 Quarts/1 Tray) | Hoskere, Kiran and Jyothi Mallik | Sundaram, Harish & Preeti |
| Premachandra, B.N. & Asha | Kosumbri (6 Quarts) | Soft Drinks (2 Litre Bottles) |
| Kasthuri, Prasanna & Seema | Vishwanatha, V & Latha | Gadicherla, Pavan (1-Coke, 1 -Diet Coke) |
| Manepalli, Anantha and Jyothika | Ramanuja, Jayalakshmi and Teralandur | Gowda, Asha (1 Lemonade, 1 Orange Soda) |
| Kumar, Ravi & Rekha | Pickle (1 bottle) | Gowdara, Shadaksharappa and Tara (2 -Sprite) |
| Hebbar, Mohan R & Bharathi | Shankar, Krishnan and Lakshmi (Lime) | Sreenivasaiah, Suresh (1 Mountain Dew, 1 Slice) |
| Saaru (6 Quarts) | Pushpalatha, B.L (Lime) | Palaksha, Pradeep (1 Diet Pepsi, 1 Pepsi) |
| Kamath, Ajay & Rohini | Kulkarni, Milind & Sushma (Mango) | |
| Mallya, Ashok and Raziya | | |

The Executive Committee will be preparing Kari Kadubu and Ambode

Please contact Gayathri Venkatesh at 314-997-1742 / Swarna Devanhalli at 314-994-9969 / Madhu Bhat at 314-469-8040, for any questions about assigned food items.

ಹಬ್ಬದ ಸಂಭ್ರಮದಲ್ಲಿ ಸಂಗಮ

ಹಬ್ಬ, ಹರಿದಿನ ಬಂತೆಂದರೆ ಎಲ್ಲರಿಗೂ ತುಂಬಾ ಸಂತೋಷ, ಸಡಗರ ಹಾಗೂ ಆತಂಕ. ಮನೆಯಲ್ಲಿ ಹೆಂಗಸರಿಗೆ ಪೂಜೆಗೆ ಸಾಮಾನು ಹೊಂದಿಸಿಕೊಳ್ಳುವುದು, ಏನು ವಿಶೇಷ ಅಡಿಗೆ ಮಾಡುವುದು, ಯಾರನ್ನು ಊಟಕ್ಕೆ ಕರೆಯುವುದು ಅಂತೆಲ್ಲಾ ತಲೆಬಿಸಿಯಾದರೆ, ಗಂಡಸರಿಗೆ, ಹೆಂಗಸರು ಹೇಳಿದ್ದನ್ನು, ಕೋಲು ಮುರಿಯಬಾರದು, ಹಾವು ಸಾಯಬೇಕು ಅನ್ನುವ ಸಿದ್ಧಾಂತದಂತೆ, ಹೆಚ್ಚು ಜೇಬು ಖಾಲಿಯಾಗದೆ ಹೇಗೆ ಒದಗಿಸುವುದು ಅನ್ನುವ ಲೆಕ್ಕಾಚಾರ. ಯಾವ ಅಲೋಚನೆಯಿಲ್ಲದೆ ಹಬ್ಬವನ್ನು ನಿಜಕ್ಕೂ ಉತ್ಸಾಹದಿಂದ ಎದುರು ನೋಡುವುದೆಂದರೆ ಮಕ್ಕಳು ಮಾತ್ರ. ಬರೀ ರುಚಿ ರುಚಿಯಾದ ತಿಂಡಿಗಳಲ್ಲದೆ, ಹೊಸಬಟ್ಟೆ ಸಹ ಸಿಗುತ್ತದೆ ಮಕ್ಕಳಿಗೆ ಈ ಹಬ್ಬದ ದಿನಗಳಲ್ಲಿ. ಮನೆಯಲ್ಲಿ ಹೆಣ್ಣು ಮಕ್ಕಳಿದ್ದರಂತೂ ಹಬ್ಬದ ಸಡಗರವೇ ಬೇರೆ. ಮಗಳಿಗೆ ಹೊಸ ಲಂಗ ಹಾಕಿ, ಚಿನ್ನ ಹಾಕಿ ಚೆಂದ ನೋಡುತ್ತಾರೆ ಹೆತ್ತವರು.

ಎಷ್ಟೇ ಕಷ್ಟವಾದರೂ ಹೆಂಗಸಾರಗಲಿ, ಗಂಡಸರಾಗಲಿ ಹಬ್ಬ ಆಚರಿಸದೇ ಇರುವುದಿಲ್ಲ. " ಅಯ್ಯೋ, ಖರ್ಚು ಯಾವಾಗಲೂ ಇದ್ದೇ ಇರುತ್ತೆ. ಹಬ್ಬ ಏನು ದಿನಾ ಬರುತ್ತಾ"? ಅನ್ನುವ ಮನೋಭಾವನೆ ಉಳ್ಳವರೇ ಸಾಮಾನ್ಯ.

ಎಷ್ಟೇ ಖರ್ಚಾದರೂ, ಒಂದು ಹೊರೆ ಕೆಲಸವಾದರೂ ಜನ ಹಬ್ಬವನ್ನು ಯಾಕೆ ತಪ್ಪದೇ ಆಚರಿಸುತ್ತಾರೆ? ಹಬ್ಬ ಆಚರಿಸದಿದ್ದರೆ ದೇವರಿಗೆ ಕೋಪ ಬಂದು ಶಿಕ್ಷೆ ಕೊಡುತ್ತಾನಂತಲೋ, ಅಥವಾ ಅಕ್ಕ ಪಕ್ಕದ ಮನೆಯವರು ತಮಗೆ ಹಬ್ಬ ಆಚರಿಸಲು ಗತಿ ಇಲ್ಲ ಅಂತ ತಿಳಿದುಕೊಳ್ಳುತ್ತಾರಂತಲೋ, ಅಥವಾ ಮಕ್ಕಳಿಗೆ, ಅದರಲ್ಲೂ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಈ ಹಬ್ಬದ ನೆಪದಲ್ಲಿ ಪೂಜೆ, ವ್ರತ ಭಯ, ಭಕ್ತಿ ಎಲ್ಲವನ್ನು ಕಲಿಸಬಹುದು ಅನ್ನುವ ಮುಂದಾಲೋಚನೆಯಿಂದಲೋ ಏನೋ, ಒಟ್ಟಿನಲ್ಲಿ ಭಾರತದಲ್ಲಿ ಹಬ್ಬ ಹರಿದಿನಗಳು ಆಡಂಬರದಿಂದ ಆಚರಿಸಲ್ಪಡುತ್ತದೆ. ಅಂಗಡಿಯವರಿಗೆ ಈ ದಿನಗಳಲ್ಲಿ ಇನ್ನೊಂದು ರೀತಿಯ ಹಬ್ಬ. ಅವರು ಹೇಳಿದ್ದೇ ಬೆಲೆ, ಕೊಟ್ಟಿದ್ದೇ ಸಾಮಾನುಗಳು. ಅಖಂಡ ಭಾರತವು ಸಡಗರದಿಂದ ಮೆರೆಯುವ ದಿನಗಳು ಶ್ರಾವಣ ಮಾಸದಿಂದ ಶುರುವಾಗಿ ದೀಪಾವಳಿಯ ಹೊತ್ತಿಗೆ ಮುಗಿಯುತ್ತದೆ. ನಾವು ಹಾಗೂ ನೀವು ಈ ಸಂಭ್ರಮದಲ್ಲಿ ಸೇರಿ ಸಂಗಮದ ಪರವಾಗಿ ಆಚರಿಸುತ್ತಿರುವ ಗಣೇಶನ ಹಬ್ಬಕ್ಕೆ ಸೇರೋಣವೇ?

ಶ್ರೀಲತಾ ಉಪಾಧ್ಯ.

Ganesha's curse to the Moon

One day while traveling round the universe on his rat, Ganesha came to Chandraloka (the realm of the Moon). The Moon saw him. The Moon, very handsome, was proud of his appearance. On seeing the elephant faced, big-bellied Ganapati riding on a rat, he laughed at Ganesha with contempt.

This was an insult and Ganesha was very angry about the Moon. His eyes grew red. He pronounced a curse "Oh Moon, your handsome appearance has made you too vain. Fool, I am worshipped in all the worlds, but you laugh at me. Let your beauty, which is the cause for your arrogance and ignorance vanish. From now on, whoever sees you on the fourth day of the bright fortnight of Bhadrapada month, the day of my birth, will suffer because of unjust accusations."

The curse shattered the Moon's pride. He realized his mistake, and felt sorry. Standing devotedly with folded hands before Ganesha he prayed to him. "Sir, forgive me and my ignorance. Take back the curse and protect me."

Then the kind Ganesha grew calm. He consoled the unhappy Moon. He said, "Moon, you have realized your fault. What is important is the destruction of your pride. Anyhow, my curse cannot be in vain. But those who are subjected to false accusations will be saved and regain their good name if they see you on the second day of the bright fortnight also or listen to the story of the Syamantaka gem." The Moon was satisfied.

The story of the Syamantaka

Satrajita of Dwaraka had a gem called Syamantaka. It was dazzling. If it was worshipped with devotion it used to give plenty of gold every day. Once Prasena, Satrajita's brother, went out hunting. He was wearing the Syamantaka. A lion killed him and went to a cave, carrying the gem. A bear by name Jambavanta killed the lion and gave the Syamantaka to his child to play with. This Jambavanta was not an ordinary bear; he was the heroic follower of Shri Rama.

Prasena did not return to Dwaraka. Satrajita suspected that Krishna himself had killed him for the sake of the Syamantaka. The rumor soon spread. Krishna had not done anything wrong. So when he heard about Satrajita's suspicions he was unhappy. He went in search of Prasena. He found the corpse of Prasena. There were footprints of a lion nearby. Following these footprints, Krishna entered the cave of Jambavanta. He fought with Jambavanta for twenty-eight days. At last, Jambavanta understood that Shri Krishna was Shri Rama himself. Then he offered him the Syamantaka.

Krishna gave the Syamantaka to Satrajita and put an end to the evil rumors. However, he was surprised at what had happened. He asked the sages, "how could such things be said of me even when I had not done anything wrong". Great sages told him the story of Ganesha's curse and said, "You saw the Moon on the fourth day." Then Krishna worshipped Ganesha. Siddhi-Vinayaka Vrata, the worship of Ganesha is performed on the fourth day of the bright fortnight of the month of Bhadrapada. The devotees believe that those who see the Moon on that day will not suffer, if they listen to the story of the Syamantaka.

Extracted from <http://webonautics.com/mythology/ganesha10.html>

Ganesha the Wise

Lord Ganesha is an embodiment of wisdom and bliss. He is the Lord of Brahmacharis. He is foremost amongst the celibates. He has as his vehicle a small mouse. He is the presiding Deity of the Muladhara Chakra, the psychic centre in the body in which the Kundalini Shakti resides. The significance of riding on a mouse is the complete conquest over egoism. The holding of the ankusha represents His rulership of the world. It is the emblem of divine Royalty.

Once Ganesha & His brother Lord Subramanya had a dispute. The matter was referred to Lord Shiva for final decision. Shiva decided that whoever would make a tour of the whole world and come back first to the starting point had the right to be the elder. Subramanya flew off at once on his vehicle, the peacock, to make a circuit of the world. But the wise Ganesha went, in loving worshipfulness, around His divine parents and asked for the prize of His victory.

Lord Shiva said, "Beloved and wise Ganesha! But how can I give you the prize; you did not go around the world?"

Ganesha replied, "No, but I have gone around my parents. My parents represent the entire manifested universe!"

Thus the dispute was settled in favour of Lord Ganesha, who was thereafter acknowledged as the elder of the two brothers. Mother Parvati also gave Him a fruit as a prize for this victory.

Extracted from [http://sushmakishore.editthispage.com/stories/storyReader\\$55](http://sushmakishore.editthispage.com/stories/storyReader$55)

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For all Sangama Children

Color this Ganesha & Take home a Prize!



Age :

Please do not put your name on the painting!

There will be First, Second and Third prize in three age group categories for the best painting. That makes it a total of 9 prizes to be won. There will be a participation gift too ...

Word Search Game for Kids

Find the 21 Lord Ganesh's names listed at the bottom and draw a box to form each of the words. The word can be formed in any direction - vertical, across or diagonal

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | W | U | Q | E | K | A | D | A | N | T | A | F | E | J |
| Z | A | J | A | Y | A | C | T | K | L | U | N | G | Q | Y |
| U | H | O | L | X | P | R | A | M | O | D | A | A | R | I |
| E | G | O | W | R | I | S | U | T | H | A | N | N | S | M |
| H | J | M | S | M | L | L | A | M | B | O | D | A | R | A |
| A | S | R | I | K | A | R | A | Y | I | R | A | P | C | V |
| D | W | S | O | I | E | U | R | B | J | T | N | A | E | I |
| N | B | U | D | D | I | N | A | T | H | A | A | Y | Q | N |
| U | H | M | U | S | H | I | K | A | V | A | H | A | N | A |
| T | U | U | D | F | E | J | M | Q | I | M | U | X | Z | S |
| A | P | K | C | B | R | Q | O | K | G | A | N | E | S | H |
| R | A | H | X | F | A | P | W | L | N | Z | B | M | Q | A |
| K | T | A | F | T | M | U | Z | Q | E | B | M | P | E | O |
| A | H | Q | R | Y | B | U | A | H | S | I | G | A | V | J |
| V | I | N | A | Y | A | K | A | Q | H | X | C | B | I | M |

| | | |
|---------------|-------------------|----------------|
| 1. GANESH | 2. VAGISHA | 3. OMKARA |
| 4. VIGNESH | 5. BUDDINATHA | 6. SUMUKHA |
| 7. VINAYAKA | 8. KAPILA | 9. VAKRATUNDA |
| 10. AVINASHA | 11. HERAMBA | 12. BHUPATHI |
| 13. GANAPATHI | 14. MUSHIKAVAHANA | 15. EKADANTHA |
| 16. AJAYA | 17. NANDANA | 18. GOWRISUTHA |
| 19. SRIKARA | 20. PRAMODA | 21. LAMBODHARA |

Mortal: Lord, What is a million years like to you?

Lord Ganesh: Like one second.

Mortal: Lord, What is a million dollars like to you?

Lord Ganesh: Like one penny.

Mortal: Lord, Can I have a penny?

Lord Ganesh: Just a Second

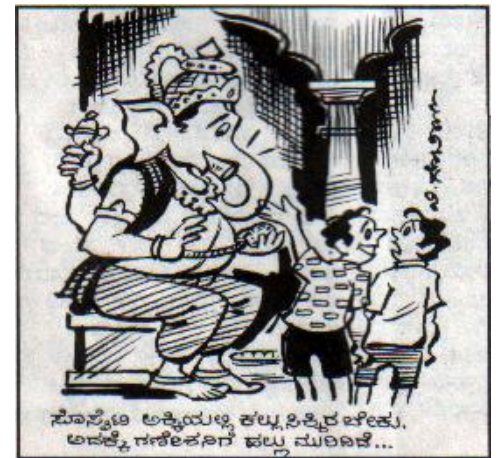
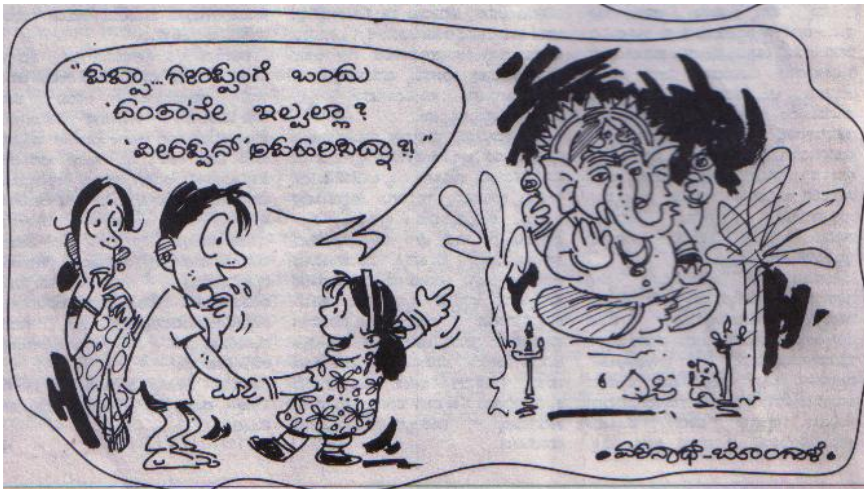
Why couldn't Lord Shiva operate the computer?
Because Lord Ganesh ran away with the mouse.



ಶಬ್ದಗಳನ್ನು ಹುಡುಕಿರಿ

ಗಣೇಶ ಹಬ್ಬಕ್ಕೆ ಸಂಬಂಧಪಟ್ಟ ೨೦ ಶಬ್ದಗಳನ್ನು ಮಾಡಿರಿ. ಶಬ್ದಗಳನ್ನು ನೆಟ್ಟಗೆ, ಅಡ್ಡವಾಗಿ ಅಥವಾ ಓರೆಯಾಗಿ ಮಾಡಬಹುದು.

| | | | | | | | | | |
|----|----|----|------|-----|----|----|-----|----|------|
| ಸಂ | ಗೀ | ತ | ಸ | ಭೆ | ಶ | ದಾ | ಪಾ | ಗ | ತ |
| ಗ | ಣ | ಪ | ತಿ | ಜಾಂ | ಮಂ | ಳ | ವ೯ | ಜಾ | ಳಿ |
| ಮ | ಹ | ಪು | ಬ | ಯ | ತ | ಛ | ತಿ | ಒ | ರು |
| ಕು | ಳ | ಪ | ಮೂ | ಜಿ | ಕ | ವಾ | ಹ | ಒ | ತೋ |
| ವಿ | ಸ | ಜಗ | ಶಿ | ಕೆ | ಛ | ತ | ಲಿಂ | ಕಾ | ರ |
| ದೇ | ಭಾ | ತಿ | ಪ್ರಾ | ತ | ಮಿ | ಪ | ಕ | ಗ | ಣ |
| ಲೇ | ಝ | ಟ | ಜಾ | ಹ | ಒ | ವಾ | ಹು | ಇ | ಚಾ |
| ಖ | ಪ | ಕ | ಪಾ | ಣ | ಜ | ದ | ಬು | ತಿ | ಕು |
| ಚಂ | ದ | ಮಾ | ಮ | ಒ | ಹೂ | ಚಾ | ರಿ | ಒ | ತ |
| ಮೋ | ಉ | ಝ | ಗ್ರಾ | ದ | ಒ | ತ | ರ | ದಿ | ಕ್ಕು |



| | | |
|---|---|--|
| Bhat, Devadas B. and Jaya Gopalan, K. and Chaya Shendy H.N. Vinod & Mangala | Buddhiraju, V & Vijayalakshmi Palamand, Suri and Susheella Shastri, Shankar & Jaya Hoskere, Kiran and Jyothi Mallik | Hosahalli, Somaprasad R, Anita Hukeri, Parag and Anupama Kaup, Chandra & Vinoda Rao, Ashwath & Shakuntala. |
| Soft Drinks (2 Litre Bottles) Gadicherla, Pavan (1-Coke, 1 -Diet Coke) Gowda, Asha (1 Lemonade, 1 Orange Soda) Gowdara, Shradaksharappa and Tara (2 -Sprite) Sreenivasaiiah, Suresh (1Mountain Dew, 1Slice) Palaksha, Pradeep (1 Diet Pepsi, 1 Pepsi) | Kadale Usali (5 Quarts/1 Tray) Reddy, Krishna & Malati Srikanta, N.S. & Hema Nagaraj, Suvandhya & Ramarao Huliyar, Mallikarjuna & Sapna Palamand, Krishna and Leela | Badam Milk (1 Gallon) Nayak, Ravi & Tejaswini Manjunath, S & Sujata Raghu, B. A. and Rama Bangalore, Venkatram and Deepthi Venkatesh, Ramakrishna & Anupa Sundaram, Harish & Preeti |
| Saaru (6 Quarts) Kamath, Ajay & Rohini Malya, Ashok and Raziya | | stamp here |

Address Label Here...

Sangama is a St. Louis based registered non-profit, cultural and social organization of the people of the state of Karnataka in south India.

Driving Directions to Gandhi Center

725 Weidman Rd
Manchester, MO 63011-4207



From 270

- Manchester MO-100 exit. Go West on Manchester Road for about 2 miles to Weidman Road
- Make a turn to go North on Weidman Road and drive for about 1.65 miles to the Gandhi Center , on your left.It is in the same campus as the St.Louis Hindu Temple

From 40

- Take Mason Road exit and go South on Mason. Drive on Mason for about 1.0 miles and at Clayton Road, make a right to go west
- After about 0.75 miles, make a left to go south on Weidman Road and drive for about 1.65 miles to the Gandhi Center, on your right .It is in the same campus as the St.Louis Hindu Temple